

Truck Extravaganza

Saturday, May 18th, 11am-1pm
at the Hartland Rec Center



Touch A Truck ,
Cub Scout Rocket Launch, Hartland
Cooperative Nursery School Fun Run
and BBQ



Hartland Recreation 2019 Spring Brochure



hartlandrecreation.com



Youth Sports Grades K - 6 \$40/per registration

Fall: Soccer, X-Country
Winter: Basketball
Spring: Baseball, Softball, Track

For more information and for visit our website. hartlandrecreation.com



Okinawan Karate

Participants learn the art of self defense and self discipline. This free program is open to all levels for ages 8 and up and meets on Mondays and Thursday from 6:30pm-8:00pm at the Hartland Recreation Center.

For information contact Peter Carini 802-457-3055



Dog Obedience Class

Tuesday Nights @6:30pm Starting April 9th at the Hartland Recreation Center. 8 Weeks for \$60 This positive reinforcement class designed for beginner dog and/or owner will teach heel, sit, down, stay, come and more. Taught by Pat Rosson, who offers advanced classes upon request.

To register call Pat Rosson, 436-2772



Challenger British Soccer Camps

Registration available through challengersports.com



Tini Tykes/Mini Kickers

Tuesdays 4/30- 5/28 (5 weeks for \$85)

Ages 3 - 4	3:45 to 4:30PM
Ages 5 - 6	4:30 to 5:15PM
Ages 7 - 9	5:30 to 6:15PM

Half Day Adventures

Day trips offered on H.E.S. noon release days. Open to students in grades 3-8.

3/28 - Get Air Williston 5/2 - Mt Tom



Jay Peak Water Park

Friday, March 29th (No School)
9am to 5pm
Grades 3-8 \$50



After School Swim Program



At the Upper Valley Aquatic Center

Open to students in grades 1 to 6. Mondays after school. The Hartland Recreation Van will be parked with the buses after school at 2:45pm and return to the school at 5pm. 5 weeks for \$85

April Adventures

- April 15th - 19th
- \$35-\$45/Day or \$175/Week
- Day trips around Vermont and New Hampshire
- Grades 3 - 8



- Monday - Hike and Swim
- Tuesday - Get Air Williston
- Wednesday - Pizza Putt
- Thursday - Jay Peak Water Park
- Friday - Laser Tag

Conditioning/Strength Training

A total body workout for all ages. All muscle groups are challenged with resistance exercises combined with cardio. Instructor: Rich Greenlee

Mondays - Wednesdays - 8:00am-9:00am
\$90 for 5 weeks



Lets Get Moving!



Wednesdays at 5:30PM April 3rd-May 1st

Beginner Workout Class for the novice exerciser. The focus will be on getting you MOVING in the right direction, making some noticeable progress, and maintaining that progress with healthy habits!

5 weeks for \$45

Step - Strength - Core - Interval Class

Friday mornings at 8am. \$45 for 5 weeks.

For Intermediate-to-Advanced exercisers, this class will alternate aerobic Step routines with strength-building weight training, and will also focus on core strength development. This class is limited to 9 participants so advanced registration is strongly recommended!

